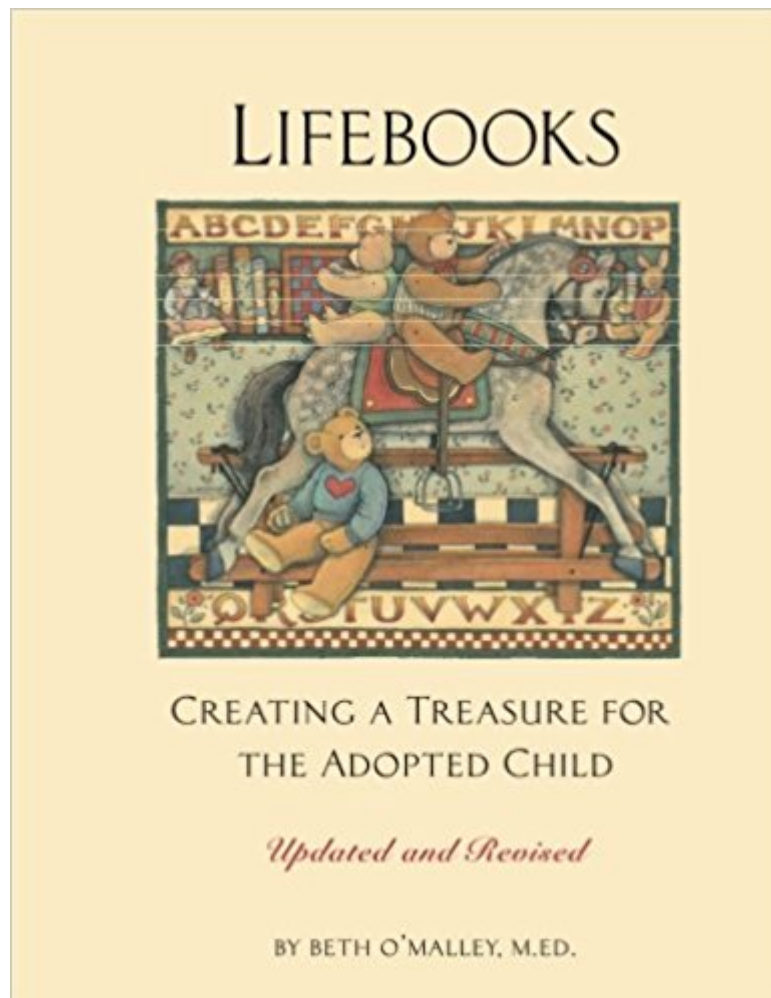




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# Lifebooks: Creating A Treasure For The Adopted Child Updated And Revised



## Synopsis

In this adoption classic, Beth (who is both an adoptee, adoptive parent, and social worker of 28 years) guides you step-by-step and page-by-page just as if she were right there with you. It's all explained in full detail with a light touch of humor. Would you like to preview an actual sample before you get started? That's covered, too, with three full-length examples in the back section which include: Domestic/Infant , Foster-Adopt , and International. This best seller is an easy-to-read guide. It is filled with sample wording explaining many difficult topics. It contains help for toddlers as well as teens. The lifebook process prepares you to talk about delicate subjects as well as adoption basics. Best of all, in the end, your child has an unique book that captures their often complicated life story.

## Book Information

Perfect Paperback: 96 pages

Publisher: Adoption Works Press; 2nd Edition September 21, 2011 edition (September 21, 2011)

Language: English

ISBN-10: 0970183208

ISBN-13: 978-0970183200

Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 17 customer reviews

Best Sellers Rank: #416,853 in Books (See Top 100 in Books) #337 in [Books > Parenting & Relationships > Adoption](#) #2014 in [Books > Politics & Social Sciences > Social Sciences > Social Work](#)

## Customer Reviews

This book is a gift for adoptive and birth families and for professionals... --Dr. Joyce Maguire Pavao, CEO Center for Family Connections, Cambridge and New York February 2000

Beth O'Malley is an adoptee, adoptive mom and professional in the field of adoption. With a Masters in Counseling from American University in Washington D.C., Beth worked as a social worker in Boston's inner city in 1984 for 28 years. In 2011, she updated the now classic, *Lifebooks: Creating a Treasure for the Adopted Child*. based on her many years of experience. This best-selling book has helped thousands of parents and children create lifebooks and change their lives.

This book made me finally understand the purpose a Lifebook plays in the life of a foster or adopted

child and how it's so much more than a photo album or scrapbook. This book walks you through every stage of the lifebook process, and gives scripts and ideas for lifebooks for various situations and ages which is incredibly helpful. It is very, very practical and accessible. I read the whole thing one evening and was inspired to start working on my son's lifebook immediately! My only criticism is that it seems very dated and unprofessional in its typesetting and layout and I'd love to see more photographs of contemporary looking lifebook layouts. I would also be very helpful for this book to come with a CD Rom or a code to download lifebook templates.

We have two foster daughters that we will be adopting. My older girl is having a lot of anxiety and sadness around her birth mom being out of the picture so our therapist recommended this book to create a life book to help her deal with her issues. It is very direct and to the point, which I really appreciated. I've got two girls to make life books for and don't have time to read a novel about how to do it. We have started and so far so good. I would recommend this book to anyone with a foster or adopted child.

Wow--so much to think about in creating a lifebook and this is like having your hand held as you do it! I emailed the author with a question after reading the book (in one sitting!) and she was quick to respond with spot-on advice. The book for my son is in progress and I couldn't be more pleased with the guidance this "Lifebooks" book has offered!

We adopted our grandchild and we are looking forward to putting a Lifebook together for him. I think it will give him a sense of origin down the road. His birth father has passed away and he feels that loss of history even at the age of 8. Great book--now just have to make it happen.

This book has helped me tremendously. I can now make a life book for any child that comes through my home with the confidence it takes to know I am doing the right thing towards my kids. These life books will help them to deal with the questions that will plague them in their futures. Every child is different and every life book will be different too now thanks to this book from Beth O'Malley. It gives sample books for all types of life books so you shouldn't be stuck to long with the help of this book.

Love this book! It gives simple guidelines on putting together your life book as well as tips for talking to your child about adoption. I was very nervous to begin the discussion but now feel confident with

these tips and tools.

This book has been an amazing reference for me to write a lifebook for my daughter. She has a very complicated birth family and this book gave me the child-friendly wording to introduce these ideas to my daughter. The only reason I gave it a 4 instead of a 5 is because the book is a bit disorganized.

Perfect guide to help create a lifebook for your child!

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